

PROGRAM

30 JUN: FI205 30JUN CPHKEF 1400 1510

The Flybus shuttle brings you from Keflavík International airport to Reykjavík where you spend the first night in Iceland at Hotel Fron.

www.hotelfron.is

01JUL: Reykjavik City sightseeing afternoon on your own.

08:30 Pick up at hotel Fron

Reykjavik sightseeing tour includes Reykjavik's top attractions, interesting facts and stories that relate to history and culture in Iceland. The tour travels the greater Reykjavik area including surrounding municipalities which provides an excellent opportunity to discover various things to see or to do in Reykjavik during your stay in Iceland.

On this tour you will visit Perlan glass dome where a 360 viewing platform provides some of the best places for sightseeing in Reykjavik.

After enjoying the spectacular view over Reykjavik city and its surroundings the tour proceeds to go to Reykjavik's seafront to the old Höfði house where the all-important summit between former U.S. President Ronald Reagan and former U.S.S.R. Secretary General Mikhail Gorbachev took place in 1986.

Next stop is Hallgrímskirkja church whose design was inspired by basalt lava columns, a common volcanic rock formation in Icelandic nature. From Hallgrímskirkja church the tour explores Reykjavik city centre in and around the Parliament building by Austurvöllur which sometime is referred to as "the Old town".

02JUL: The tour 99/H around Iceland starts - GOLDEN CIRCLE (290 km/180 mls)

08:30 transfer from Hotel Fron to Hotel Klettur

We see classic highlights today. We explore Gullfoss, the beautiful double "Golden Falls" and we walk through the active geothermal area of Geysir, where Strokkur "the churn" spouts up to 25 meters (70 feet) every five to seven minutes. A visit to the ancient Viking Parliament area and UNESCO world heritage site of Þingvellir National Park tops the day off before travelling along the scenic shores of Hvalfjörður fjord. Overnight in Borgarfjörður, West Iceland.

03JUL: SNÆFELLSNES PENINSULA AND LAVA CAVE (190 km/118 mls)

This morning we are introduced to the Icelandic sagas in the settlement center in Borgarnes. The Snæfellsnes Peninsula "the peninsula of the snowy mountain" juts out from Iceland's west coast, like a long arm with a clenched fist at its tip, and is in many ways a microcosm of the whole island. A rugged mountain chain runs its length, capped by the 1,446 meter Snæfellsjökull, a mystical cone-shaped strato volcano. We travel around the Snæfellsnes Peninsula, through lava fields and along the ocean with many classic Icelandic photo opportunities. We visit the most popular sites at the national park where volcanic craters, lava flows, an ice cap, glaciated peaks, fjords, sandy beaches, and high cliffs shape its landscapes.

We follow the adventure of Jules Verne's classic science fiction novel about the journey to the center of the Earth. Do not miss your chance to go on your own trip to the interior of the Earth under the glacier Snæfellsjökull! This lava cave tour takes you 35 meters underground and about 200 meters into the lava cube called Vatnshellir. During the tour you reach two different sections of

the cave by a long and narrow staircase. The upper section has great features and unique formations of lava statues curved on the sides of the lava tube. In the lower part of the lava cave you experience total quietness and even total darkness when your guide switches of the light. The total duration of the lave cave tour is approximately one hour. Overnight in the Grundarfjörður area.

04JUL: ICELAND'S WESTERNMOST POINT (145 km/90 mls)

We need to wake up early and catch the morning car ferry Baldur from Stykkishólmur to Brjánslækur in the West Fjords. On the way over Breiðafjörður bay, the ferry stops on the island of Flatey. If the weather is nice you enjoy a magnificent view of the bay's countless islands as well as the glacier Snæfellsjökull. We follow the coastline and stop at the folk and transport museum in Hnjótur. We continue through a very remote and sparsely populated region to the bird cliffs of Látrabjarg, the westernmost point of Iceland (and Europe) where you can see puffins from mid-May till mid-August. We take a memorable walk in the wilderness to the top of the highest bird cliffs in Iceland. Látrabjarg is known in the world for its density of northern birds. Puffins, razorbills, guillemots, fulmars, cormorants, kittiwakes and other cliff birds flock either in hundreds, thousands and even in millions. This is a place where you can get very close to the seabirds and even if you're not into bird watching, you are entertained by the comic puffins and mesmerized by the sheer number of birds. Overnight near Látrabjarg or Patreksfjörður.

05JUL: BEAUTIFUL WEST FJORDS (390 km/242 mls)

We travel the shore of many scenic fjords, beautiful beaches, and pass through small fishing villages until we reach the majestic fjord Arnarfjörður, surrounded by high mountains. At the bottom of the fjord we come across the unique waterfall Dynjandi with its seven levels of plunging water, declared the country's most beautiful waterfall by the people of Iceland. We continue over a mountain pass and travel along the southern shores of the West Fjords. This is a route less travelled and is characterized by sheer cliffs, deep cut bays and narrow stretches of coastal lowland. We overnight at the remote Vogur Country Lodge in West Iceland. This is a truly peaceful and beautiful place close to Breiðafjörður Bay, giving you the feeling of being all alone in Iceland.

06JUL: HEADING NORTH (350 km/217 mls)

In the morning we travel mostly off-the-beaten path, see abandoned farms, beautiful little country churches and Icelandic horses. At Haukadalur, there's a rather authentic replica of the homestead of Erik the Red, the famous explorer who founded the Icelandic colony in Greenland. His son Leif-the-Lucky, born in Haukadalur, Iceland, was the first European to set foot in North America. Now the excavated and reconstructed farm in Haukadalur is a living Viking museum, a fun, informative and a photogenic place. The landscape is dominated by mountains, lakes, valleys, sea and wide open spaces. We head north and stop at a local farm for a horse show where we learn about the unique qualities of Iceland's special breed. Afterwards we travel through the fertile farmlands and fjord landscapes of Northwest Iceland before we visit to the charming town of Akureyri, Iceland's second largest city. Overnight in the capital of North Iceland.

07JUL: GEOLOGICAL WONDERS AND NATURE BATHS (150 km/93 mls)

We explore Goðafoss, the waterfall of the Gods, and continue to lake Mývatn, known for its rich bird life and extraordinary volcanic lava landscapes. We visit pseudo craters, walk in the lava field Dimmuborgir, climb up to the rim of the ash crater Hverfjall, see the hot springs and bubbling mud pools of Námaskarð, and travel to the crater lake Víti in the Krafla geothermal fields. In the

afternoon relax and soak at the Mývatn Nature Baths. Overnight near lake Mývatn.

08JUL: THE SECRET OF THE EAST (290 km/180 mls)

We travel to Dettifoss, Europe's most powerful waterfall in the northern part of Vatnajökull National Park. From there we head through the uninhabited highlands to East Iceland. We explore the northernmost fjord on the East Fjord mountain range. The isolated village Bakkagerði has only 120 inhabitants and is a charming village, built snugly next to the steep mountainside. Driving to Borgarfjörður Eystri is dramatic and rewarding. The colorful mountains are simply unique and impressive. We experience an unusual opportunity to visit a traditional Icelandic fishing village, still relying on small boat fishing. There is an art gallery in the village, displaying the work of Jóhannes Kjarval. He is a well-known Icelandic painter who grew up in Borgarfjörður Eystri and his home town and its landscape have much influenced his work. Borgarfjörður Eystri is home to an extensive population of elves – judging by the 172 local folk tales involving elves. On the outskirts of the village is Álfaborg, a protected site where the queen of elves is believed to live within a uniquely shaped rock castle. The elf-stories provide a fascinating lecture especially for the younger generation.

09JUL: FJORDS, GLACIERS AND ICE (390 km/242 mls)

It's a day to admire the dramatic fjord landscape and its tiny fishing villages at the end of twisty roads in the East Fjords and en route we visit an interesting stone collection. In the afternoon we see Vatnajökull – Europe's biggest glacier that is visible all over Southeast Iceland. Past the town of Höfn, we stop for a boat ride amongst the floating icebergs on the glacial lagoon at Jökulsárlón. The night is spent near Skaftafell on the southern part of Vatnajökull National Park.

10JUL: VATNAJÖKULL NATIONAL PARK AND THE SOUTH (340 km/211 mls)

Visit Skaftafell at the Vatnajökull National Park, covered by ice and nestled below Iceland's highest mountain, the 2,110 meter high Hvannadalshnjúkur. We walk close to one of the many glacial tongues in the area – a kodak moment. We cross a sandy desert and drive along the south coast, always between the sea, mountainous cliffs, glaciers and waterfalls. We stroll along the black lava beach and bird cliffs near the village of Vík. At the Eyjafjallajökull Information Center we learn how it is to live next to a glacier and an active volcano. We stop at the Skógafoss and Seljalandsfoss waterfalls. Farwell dinner at a nice gourmet restaurant in Reykjavík and the night is spent in Iceland's capital.

Hotel Fron. www.hotelfron.is

Note:

- Total mileage in 9 days is about 2,535 km (1,572 miles) which is an average of 282 km (175 miles) per day. You spend about 4 hours per day on the bus, depending on road conditions, traffic and daily distances. On some days, especially in the West Fjords, the driving might be longer than on some other days. This tour has an average of 1-2 hours light walking each day, mostly short walks of 5-20 minutes, in order to explore and reach many of the natural treasures around Iceland.
- Most hotels, farms and guesthouses used on this tour are simple tourist-class category,

many of them set in the most stunning locations.

Greenland The Grand tour of Greenland from south to north **Single room, superior Plus & comfort cabin Eqi**

11JUL: Flight from Reykjavik (Iceland) to Narsarsuaq Greenland)

From Reykjavik we fly with Air Island to Narsarsuaq, which is beautifully situated in South Greenland's oasis of rough mountains, blooming plains, icy fjords, glaciers, ruins and a welldeveloped agriculture.

In Narsarsuaq we stay at Hotel Narsarsuaq, which lies with the immense nature right outside the door. After checkin we will go on a hiking trip to the signal hill where there is a breath taking view of the airport area, Bratthalid and the ice cap. In the evening we enjoy a welcome dinner at the hotel.

12JUL: Sailing trip to Qassiarsuk & Itilleq and hiking trip to Igaliku

In the morning there is boat transfer to Qassiarsuk located at the bottom of Tunuliarfik at the experience Qassiarsuk. We suggest that you enjoy your lunch in the small café Bratthalid.

From here we continue with a smaller boat out into the beautiful Qooroq fjord to the landing site Itilleq from where we walk one hour to Igaliku the old Kings Road (after the Danish King Frederik 9th's visit in 1952) – from time to time you will be followed by an eagle. Igaliku is a beautiful sheep farm settlement in the bottom of Igaliku Fjord surrounded by green fields and steep, bare hills in the background and a lush and green landscape. Here the Norsemen established their Gardar bishopric. The remnants of the small cathedral is now visible between the colourful houses and vegetable gardens. Today there is approx. 40 people in Igaliku that primarily live from sheep farming. We spend 2 nights in the hostel with a perfect view to the azure fjord.

13JUL: Day hiking trip around Igaliku

The wonderful area invites us to do a guided hiking trip north of Igaliku to a fantastic vantage point with a view of the Qooroq glacier and the icecap in the back ground.

The Qooroq glacier produces no less than 200,000 tons of ice every 24 hours! On the way we pass a small lake where there are excellent opportunities to find moonstones. It is also possible to do a lot of other hiking trips – for example to the roaring waterfalls or Nuluk hill.

14JUL: Boat transfer to Qaqortoq guided tour in town

Today we sail to Qaqortoq a wonderful trip through fantastic scenery with ice bergs, cliffs and the 1930s and the modern stone sculpture project Stone and Man carved directly into the cliffs.

15JUL: On your own in Qaqortoq - Uunartoq / The Hot Springs

Today it is time to experience Qaqortoq on your own and there is plenty to do. At the tourist office you can get a map of the sculptures scattered around in the town. Take a walk over the river and visit the open fish and meat market and the cozy museum, which is also the oldest house from 1804.

08:30 from "kongebroen" A visit to the hot springs Uunartoq - booked and confirmed.

A visit to the hot springs Uunartoq. The lakes are situated on an island approx. 50 kilometer south of Qaqortoq near the settlement AlluitsupPaa. It's a great experience to enjoy the warm water surrounded by huge mountains and floating icebergs. On the 2.5

hour boat trip, there are good chances to see whales frolicking.

16JUL: At sea with coastal ship

Early morning we board the coastal ship Sarfaq Ittuk. You can now relax, enjoy the views of the coastline from the first row, keep a lookout for whales and seals. From the deck there is a perfect view to the amazing coast line with remote areas, hilly landscapes, icebergs in different sizes and colors and the reflection from the sun. The relaxed speed of the ship makes you forget time and allows you to reflect a bit over life.

17JUL: Nuuk town - trip - museum - hiking trip - accommodation

We arrive in Nuuk and stay at the 4star Hotel Hans Egede with the town's most stunning harbor views. The hotel is located very centrally in Nuuk and you might want to explore the nearby area a little on your own. With traffic lights, buses and lots of cars it seems to be a busy town, but the wonderful scenery and the endless horizon automatically set the town life in another perspective. As in all other towns in Greenland, you live in close harmony with nature but with plenty of inspiration from modern life.

18JUL: Nuuk on your own

With its approx. 15,000 inhabitants Nuuk is a metropolis in comparison with other towns in Greenland. The construction industry thrives. Many new houses are built and the trade and restaurant life is lively. You should consider a visit to the cultural center Katuaq, the open market (brættet), the old town and colonial port and the national museum where the famous mummies from Uummanaq are exhibited. Nuuk's art museum is also worth a visit – the permanent exhibition includes many paintings by the renowned painter Emanuel A. Petersen (1894-1948).

Your guide will arrange a guided town tour including visit to the museums for those who are interested. For hiking enthusiasts there can be arranged an afternoon hiking trip around the beautiful mountain Lille Malene.

The hike is approx. 810 kilometer long and requires a good / normal physical condition and that you are accustomed to do hiking in fairly rough terrain. In return you'll experience a pristine, quiet wilderness with streams and rivers that trickles with fresh, cold water surrounded by mountains and overlooking the beautiful Nuuk Fjord. There are also good shopping opportunities and lots of cozy cafés.

19JUL: Flight to Ilulissat

We fly from Nuuk to Ilulissat and stay at Hotel Arctic that offers a delightful view of the fjord. In the afternoon we will go on a guided tour where the guide introduces the modern life in contrast to the traditional hunting life that continues to thrive in the town.

20JUL: Sailing trip to Eqi accommodation in cabins

Today we sail up north to Eqi, the calving glacier. Keep a lookout for seals and whales. As we reach Eqi the boat sails close to the impressive glacier front, where you may be lucky to see small calvings.

Afterwards we go ashore at Glacier Lodge Eqi, located in the middle of the nature with beautiful views directly to the glacier. We spend the following 2 nights in small cozy onerom wooden cabins

for one or two persons (no bunk beds and no sleeping bags).

There is no running water or sewerage system in the standard cabins. This is part of the concept! You will get a water bottle for use in the washstand and each cabin is equipped with a toilet bucket in a private toilet room. The cabins are equipped with a gas stove for heating and candles as a light source. All meals are served in Café Victor.

Your guide organizes hiking trips in the area, including trips to the lagoon and the moraine, which offers a spectacular view over the Eqi glacier. The area invites for numerous hiking opportunities, and it is up to you to decide whether to join a hiking trip or meditate amid the harsh, desolate and beautiful landscape perhaps out on the cabin's terrace.

21JUL: Day hiking trip in Eqi lagoon ice cap

From the cabins we walk around the small lagoon, located south of the glacier and cross the river on an easy transition and proceed up the great moraine where we can see down into the glacier's huge cracks. From here we can see a large part of the up to 80 meter high glacier front and see and hear mighty calvings. A wonderful trip in the middle of the wild paradise.

22JUL: By boat back to Ilulissat accommodation

The morning is at your own disposal. Midday we sail back to Ilulissat with arrival late afternoon. Enjoy the passing scenery and watch out for whales! Fin whales, humpback whales and various other whales are often seen in this area! In Ilulissat Hotel Arctic opens its doors again.

23JUL: On your own in Ilulissat

Enjoy Ilulissat at your own pace! Go for a hike up in the mountains, capture the atmosphere of the town.

In the morning:

Master Explorer 95 min med flyg. (booked ok)

På den här turen flyger vi till den kalvande glaciären vid Eqi, utforska inlandsisen, tundralandskapet, den spektakulära Ilulissatglaciären och Isfjord med de gigantiska isbergen, m.m. Pris: 5 870

In the afternoon:

Evening/Midnight sailing among the icebergs

The midnight/evening sun gives the icebergs a unique play of colours that people return to experience again and again. Midnight sun in Ilulissat lasts from May 21st to July 24th.

Sailing during the night with the sun still shining is a fantastic and unusual experience.

Almost every visitor in Ilulissat chooses to try this boat trip among the icebergs at least once. During the year, more than 46 km³ of ice flows into the fiord. The result is gigantic icebergs, which can be more than 100 metres on each side and with a height on more than 100 metres above the water surface. These giants strand at the end of the fiord, and that gives a good opportunity to sail among them.

The icebergs are beautiful every kind of weather; in the sunshine the contrasts are very clear, the blue shades are very beautiful, when it is cloudy and the midnight sun casts a unique glow on the icebergs during the night. The boat trip at bright night is definitely an extraordinary experience.

Remember to bring warm clothes or you can rent suit of sealskin.

24JUL: Ilulissat to Reykjavik

It is time to say goodbye to Greenland. We fly from Ilulissat to Reykjavik.

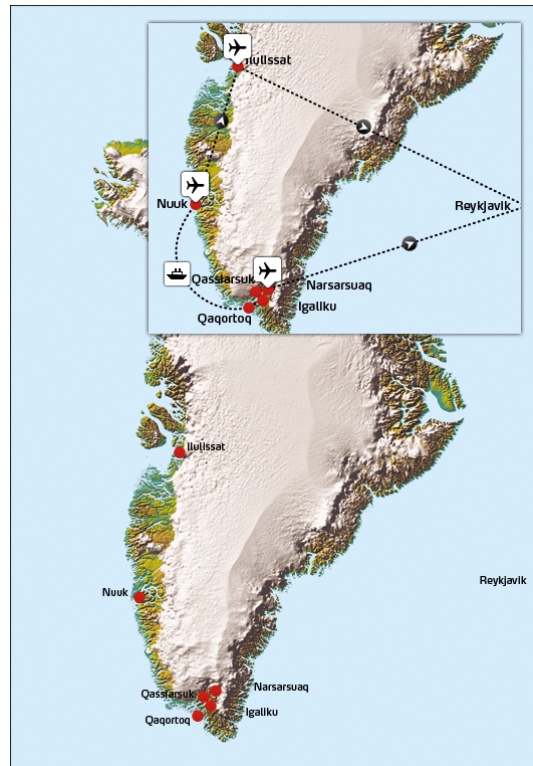
Accommodation at Hotel Fron www.hotelfron.is

25 and 26 JUL: Reykjavik on your own - Hotel Fron.

27JUL: DEPARTURE HOME

05:00 - The Flybus airport shuttle picks you up at your hotel Fron and takes you the Keflavík International airport.

FI206 27JUL KEFCPH 0830 1325



Resedatum 30 JUNI - 27 JULI

Pris Sek 124.650.-

Priset inkluderar:

- Flyg från Köpenhamn till Island tur och retur
- Transfer mellan Keflavik och Reykjavik tur och retur
- Hotel Fron Studio apartment 30JUN-02JUL+24-27JUL = 5 nätter inkl. frukost.
- Tur 99/H Around Iceland - accommodation in a single room with private facilities and VIP seating in the bus plus enkelrum på Hotel Klettur Reykjavik den 10Jul.
- A complete coach tour around Iceland including Snæfellsnes peninsula and the West Fjords
- Visit 3 national parks

- Ferry trip to the West Fjords, daily light walks, visit a lava cave and boat trip between floating icebergs
- Visits to small local museums, cultural experiences and a horse show
- Multimedia presentation at Eyjafjallajökull volcano information center
- Farewell dinner at a Reykjavík gourmet restaurant
- Grönland Stora rundresan (1120) **Single room, superior Plus & comfort cabin Eqi**
- Flyg Reykjavik - Narsarsuaq
- Flyg Nuuk - Ilulissat
- Flyg Ilulissat - Reykjavik
- Båttur i hytt med dusch och toalett Qaqortoq - Nuuk
- Övriga lokala transporter med båt.
- 13 nätter boende på hotell, vandrarhem, stugor och hytt. (Boendet i vandrarhem och stugor sker i rum med sängkläder inkluderat.)
- Hjälpension i Eqi, på kusteppet och i Igaliku.
- 1 middag i Ilulissat och Narsarsuaq
- Frukost alla dagar
- Tur till Uunartoq / The Hot Springs
- Master Explorer 95 min med flyg
- Midnatt segling till Isfjorden
- Medföljande skandinavisk guide
- Alla skatter och avgifter.

Priset inkluderar inte:

- Res- och avställningsförsäkring.
(kan köpas via Grönlandsresor)

OBS! Alla priser är dagsaktuella priser och kan komma att ändras.

Grönlandsresor önskar dig en jätte trevlig resa !